

THE ROTARY CLUB OF RYDE—DISTRICT 9680 CHARTERED 1946

The HUB

Tuesday 7 May 2013

Volume 67

Issue No 41



**May is
International
Month**

Rotary International Officers 2012 — 2013



President Rotary International Sakuji Tanaka
 Rotary Club of Yashio, Japan
 District 9680 Governor John Dodd (Ryde)

Rotary Club of Ryde

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 Membership Patrick Longfield
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 International Service Rob Mitchell
 Vocational Service Graham Metcalfe
 Youth Service Charles Kilby

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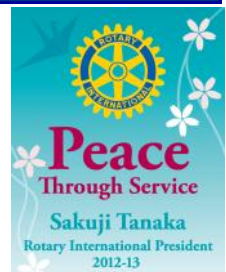
Bulletin Editor—The HUB Jan Cutler
 Photographer John Mazlin
 Serjeant-at-Arms Duncan Taylor
 Programmes David James
 Attendance Ross Rocca
 Social Secretary Peter Cooper
 Historian & Archivist Doug Thompson
 Conference Co-ordinator Julie Thorp
 Public Officer John Dodd
 Webmaster Stefan Sojka
 Web Address www.ryderotary.org.au
 E-mail address for HUB contributions editor@ryderotary.org.au

Club Information



Chartered: 22nd April 1946
 Club: #18039 / District: #9680 in NSW, Australia
 Meeting Place: Level 2, Next Generation Club, next to
 Ryde Aquatic Centre, 504 Victoria Road, Ryde
 Meeting Time: Every Tuesday — 6:00pm for 6:30pm
 Postal Address: Rotary Club of Ryde Inc.
 PO Box 90 Ryde, NSW 1680

**RSVP extras or absences to:
 Val Payne 9874 5787 (or as advised)**



This Week . . .

7 May

Vocational Exposure

Vocational Director Graham Metcalfe will introduce four members with a (vocational) story to tell.

Tonight's Roster

Welcomers David James, Charles Kilby

Loyal Toast by Kalma McLellan

Introduce Guest Speaker -

Guest Speaker thanked by -



If you are unable to fulfill this duty, please arrange your own swap and inform President Burkhart of the change.

The "Meeting Night Roster" for the next 5 meetings appears on Page 9

Burkhart's Blog



Greetings to all Rotarians and Rotary friends.

Last week our guest speaker was Tony Sonneveld the NSW Chairman and Cassandra Birch, the Events Coordinator of the Prostate Cancer Foundation of Australia. We presented them with a cheque for \$20,000 (the proceeds of our charity golf day held recently) to help the Foundation with the very important and life saving work and research it is doing.

Tonight our own chairman of Vocational Services has invited four of our members to tell their own vocational stories. I'm sure it will be an interesting and informative meeting.

Have an enjoyable evening.

Burkhart

We'll be sad if we don't SEE YOU ON TUESDAY



If you need to give a late apology for non-attendance at any meeting please ring Val Payne (9874 5787) **before 10am Monday**. Club policy is that you will be expected to pay for your meal if you are absent without timely apology. Isn't that **fair to all concerned?**

Last Meeting . . . as recalled by



After the **Grace and Loyal Toast**, the welcomes and apologies were followed by **David James** reporting on Surinder Joson's progress in Hospital, and **Duncan Taylor** gave a similar update on Ian Henderson's return to Hospital where he is on antibiotics, and understandably bored in confinement.

Note for calendar on Friday 10 May at 7pm, we shall be at Il Bolognaise Restaurant, 152 Pittwater Rd, Boronia Park, thanks to the efforts of Social Director Peter Cooper!

President Burkhart announced a Board meeting after the club meeting, and Adrian Hallett spruiked the Graffiti working bee at Top Ryde, starting 8am next Sunday 5 May. "Are we putting it on, or taking it off? You didn't say!" called one wag.

Maureen Mulheron called for and immediately got, a volunteer for the last nursing home delivery for Mother's day. Allen reported that the Ryde-Eastwood Leagues club have donated \$500 towards the prizes for our Junior Schools Public speaking competition, the heats to be held on 15 May at Eastwood Heights Public School, unfortunately this turns out to be the day before the NAPLAN tests begin.

Exchange student Onni Kivimaa spent the school holidays on a 700 acre farm shearing sheep and de-horning cattle – "Blood everywhere!" he exclaimed.

The RYEP Safari starts next week, and he is clearly excited at the prospect of seeing more of Australia than many Aussies ever do.

Bill Payne spoke on Bowel Care – it is the second most common cancer in Australia, and the easiest cured with early detection. "The Board passed a motion supporting this project!" he said. "It's not just a program, it's a movement!" interjected PP Geoff Brennan. I wondered – did Bowel Care feature in our District magazine "Humanity in Motion?"

Serjeant Duncan had guest Hilal Varinli draw Graham Metcalfe's ticket, and he duly chose a bottle of white. Strangely, the usual fine for those with birthdays was replaced with a lucrative fine of those who did not have a birthday this week. As the spackle and the Serjeant's fines go to fund the meals for our guests, we all paid up cheerfully – it is for a good cause. In the cross-fines Geoff Brennan fined Kalma McLellan for describing him as "Imperious" in the Hub. "The correct term is 'arrogant' or 'bombastic'!" he proclaimed grandiloquently.

Siddarth Maheshwari fined the Serjeant for his unusually broad birthday fine in the week of the Serjeant's own birthday, a case of adding two and two to get eight: the timing was purely coincidental, of course!

... last meeting (cont'd)



David James acknowledged Ron Thomson's sterling efforts in raising \$20,000 through the Golf Day for the Prostate Cancer Foundation of Australia (PCFA), as part of his introduction of Cassandra Birch and Tony Sonneveld from the PCFA.

Tony spoke on his experience with prostate cancer, pointing out that there are 120,000 Australians living with the condition today. Last year we had the lowest ever numbers of deaths from breast cancer in our history, so research and

scan programs do work. Tony suggested we could do the same with prostate cancer.

The PCFA was originally formed as a Rotary project by Lane Cove Rotary, and Lindsay May was a director for several years, and the Constitution requires that the Board include at least one Rotarian, so this organisation is part of the Rotary 'Family'. Tony's cancer is now in his bones but he says he still feels pretty well, but joked that the female hormone treatments have some unusual side effects.

At this point **John Mazlin** advanced his theory that sugar causes cancer, and asked whether a sugar-free, alkaline body PH would protect against cancer. Tony answered the question at some length, but the short answer is no. **Geoff Nix** then asked "What age should you be PSA tested?" Tony replied "50; 40 if you have a family history." He pointed out that the PSA test is free under Medicare, and usually included with your annual check-up blood tests for cholesterol, sugar and liver function.

Our guest **Virinli Hilal** spoke on the sugar effect, saying that of course cancer cells grow faster in a sugar solution than in water, but that this does not mean people should starve themselves of sugar to avoid cancer. "That is a very dangerous idea, while excess sugar is bad, sufficient sugar is essential for health".

Tony Sonneveld closed with the news that there is a new cancer treatment drug that is now approved for use, but not yet government funded. The PCFA is advocating that it be funded: "We hope that we can get it up!" he said, and closed his talk on prostate cancer on that ambiguous note.

Ron Thomson thanked Tony and Cassandra and said the Prostate Cancer Foundation was a popular cause as beneficiary of our Golf Day. Cheques for \$20,000 were presented and Cassandra in turn thanked us all.

I would have liked to talk longer with Tony after the meeting, but the Board meeting was on and duty called.

Allen Horrell

Liam Knight's Progress—From St Pius X College



Mr John Couani & Liam Knight

Liam's progress has been very significant over the past month and I am delighted to inform the community that Liam will commence a very slow and modified return to school program commencing at the end of Week 2.

Liam visited the College with staff from the hospital to begin planning for his return to school and I share with you a photograph. This shows what wonderful progress Liam has made.

It is simply astounding that Liam has improved so much. It is testimony to his determination and courage. Through God's grace, our prayerful support, the skill of his medical team, the love of his family and the support of his friends and the community, Liam's recovery is miraculous. We give thanks for all that continues to unfold.

Liam has significant needs to assist his medical recovery and his physical movements at home and at school. The College's fundraising appeal has reached just under \$40,000 and this has been given to the family. The needs are much greater than this. We are continuing to raise funds and the Appeal remains open.

Members of the College and the wider community are invited to make a donation through the Commonwealth Bank.

The Knight family is overwhelmed by the support and generosity of the St Pius X College family and expresses their deep appreciation.

Mr John Couani, Principal, St Pius X College Chatswood

(Extract from School magazine)

Contributions to next week's HUB to

Jan Cutler

jancutler@bigpond.com

Mark This in You Diary

A Message from the Crows Nest Rotary Club

Dear Fellow Rotarians

This year our Crows Nest Rotary Club's major local focus is on disadvantaged youth in our lower north shore area.

Phoenix House, based in the centre of Crows Nest in Holtermann St was identified as an important organisation within our local community, struggling under the burden of demand and limited resources, and needing support in a number of ways.

The Hon Joe Hockey is Patron of Phoenix House and has agreed to be the guest speaker to raise awareness of Phoenix House and assist them by participating in one function only for us this year.

This will be on Friday 21st June at the Kirribilli Club 12.30pm - 2pm at a cost of \$130 per person

Please let all Rotarians in particular those who are running a small businesses within our district know about this event as it is a great opportunity for them to hear Mr Hockey speak and to be able to ask questions on the issues that are of concern to them. Given that he will probably be the next Treasurer of Australia we see this as a wonderful opportunity for them.

Jennifer Locke
Director Community
The Rotary Club of Crows Nest
0411 871 031

Notice Board

Graffiti Days for your Calendar

Graffiti Clean Up teams meet the first Sunday of the month

The next Graffiti Clean Up will be Sunday 5 May

(Meet 8 am at Church Street Car Park opposite L J Hooker Real Estate)

Can't attend a meeting?

Who do you call ... before 10.00 am Monday mornings?

Val Payne - 9874 5787

Club policy is that you will be expected to pay for your meal if you are absent

Polio Progress

This morning [25 April 2013], financial commitments totaling approximately **US\$4 billion** over six years toward the **US\$5.5 billion endgame strategy** of the Global Polio Eradication Initiative were announced during the Global Vaccine Summit in Abu Dhabi.

Rotary was represented at the meeting by India National PolioPlus Chair Deepak Kapur, International PolioPlus Committee Chair Bob Scott, PolioPlus Director Carol Pandak, and the entire 2-day event was emceed by Rotary polio ambassador, actress Archie Panjabi.

A [comprehensive six-year plan](#), the first plan to eradicate all types of polio disease – both wild poliovirus and vaccine-derived cases – simultaneously. Global leaders and individual philanthropists signaled their confidence in the plan by pledging close to three-quarters of the plan's projected US\$5.5 billion cost over six years. They also called upon additional donors to commit up front the additional US\$1.5 billion needed to ensure eradication.

The Crown Prince of Abu Dhabi also announced a second pledge to polio eradication of US\$120 million, adding to his first contribution made in 2011. A range of other donors, including the Islamic Development Bank, Ireland and Japan, helped round out the additional new pledges.

The new plan capitalizes on the best opportunity to eradicate polio, with the number of children paralysed by this disease at the lowest level ever: just 223 cases in 2012 and only 19 so far this year. The urgency is linked to the tremendous advances made in 2012 and the narrow window of opportunity to seize on that progress and stop all poliovirus transmission before polio-free countries become re-infected.

“After millennia battling polio, this plan puts us within sight of the endgame. We have new knowledge about the polioviruses, new technologies and new tactics to reach the most vulnerable communities. The extensive experience, infrastructure and knowledge gained from ending polio can help us reach all children and all communities with essential health services,” said World Health Organization Director-General Margaret Chan.

*Les Walsh
Communications Director
Rotary District 9680*



National Immunization Day

Producers Stuart Cleland and Kate Benzschawel, and photographer Alyce Henson, members of RI's Broadcast Media Department, are spending 18 days in Africa documenting Rotary projects. The first half of their journey is in Côte d'Ivoire (Ivory Coast), which held National Immunization Days beginning 26 April. The nation's last case of polio occurred in July 2011. Cleland filed this post.



A Rotary volunteer marks a door during National Immunization Days in Côte d'Ivoire

Monday 22 April, was our first full day in Abidjan. The main part of it was a visit to the offices of the World Health Organization or, as it's called here in French-speaking Côte d'Ivoire, Organisation mondiale de la Santé (OMS).

There we interviewed the top man, Dr. Allaranger Yokouide. He spoke glowingly of his organization's partnership with the partners, saying that the bond among WHO, RI, the United Nations Children's Fund (UNICEF), and the US Centers for Disease Control and Prevention is so close that "we speak as one." He emphasized that for polio eradication to become a reality, three interest groups – "the population, especially families; the government; and the GPEI partners" – must work toward the same goal.

On Tuesday we saw two examples of how those groups do indeed work together. In the morning we visited the Institut Nationale d'Hygiène Publique, in Côte d'Ivoire the second link in the famous "cold chain." It's a government facility where the polio vaccine – shipped from Mumbai, India – rests in super-cold freezers prior to being delivered to satellite depots throughout the country. In the hours before the National Immunization Day, the vaccine makes its final journey, to the neighborhood booths where city kids are dosed, and to the portable coolers of volunteers who visit isolated or hard-to-reach communities and homes.

Later in the day, Rotarians and other supporters gathered at an outdoor media event where Marie-Irène Richmond Ahoua, President of the Commission Nationale PolioPlus and member of the Rotary Club of Abidjan-Biétry, proudly handed over Rotary-funded motorcycles, bicycles, shirts, hats and flyers to Minister of Health Dr. Raymonde Goudou Coffie. The minister donned a PolioPlus cap and applauded Rotary for supplying both the ways to publicize the immunization day and the means by which the vaccine will reach – and protect – the children of her country.

Attendance Last Meeting

Percentage Attendance Last Meeting: 90.70%

Makeups:	John Dodd, Martin Aston
Apologies:	John Dodd, Surinder Joson, Artin Etmekdjian, Martin Aston, Patrick Longfield, Rob Mitchell, Tony Abboud, Ian Henderson, John Brown, Nora Etmekdjian, Rob Senior
Guests:	Virinli Hilal, Onni Kivimaa
Guests of Members:	Vince Smith, Paul Whalen



Birthdays & Anniversaries



May 15 51 year Club Anniversary for Ashley Peake



Comedy Corner

Kulula is an Airline with head office situated in Johannesburg. Kulula airline attendants make an effort to make the in-flight "safety lecture" and announcements a bit more entertaining. Here are some real examples heard or reported:

- ◇ On a Kulula flight, (there is no assigned seating, you just sit where you want) passengers were apparently having a hard time choosing, when a flight attendant announced, "People, people we're not picking out furniture here, find a seat and get in it!"
- ◇ On another flight with a very "senior" flight attendant crew, the pilot said, "Ladies and gentlemen, we've reached cruising altitude and will be turning down the cabin lights. This is for your comfort and to enhance the appearance of your flight attendants."
- ◇ On landing, the stewardess said, "Please be sure to take all of your belongings. If you're going to leave anything, please make sure it's something we'd like to have."
- ◇ "There may be 50 ways to leave your lover, but there are only 4 ways out of this airplane."
- ◇ "Thank you for flying Kulula. We hope you enjoyed giving us the business as much as we enjoyed taking you for a ride."
- ◇ "In the event of a sudden loss of cabin pressure, masks will descend from the ceiling. Stop screaming, grab the mask, and pull it over your face. If you have a small child travelling with you, secure your mask before assisting with theirs. If you are travelling with more than one small child, pick your favorite."



Rotary and Other Events ...

▶ **2013 Sydney Metro RYDA Program (Volunteers required)**

Date: **Thursday, 6 June**

Where: Sydney Olympic Park — Riverside Girls High School

Details: Call Charles Kilby 0412 401 664

▶ **Club Social Evening Dinner**

Date: **Friday 10 May**

Where: **Il Bolognese Restaurant, Pittwater Rd, Boronia Park**

Time: **7 for 7.30pm, BYO**

Friday Night Roster for Onni Kivimaa

**Onni is presently being hosted by Daniel & Kristina Graham
10 James Street, Carlingford - Phone: 9873 6096**

Who	When	Who	When
RYEP Safari	05/05/13 to 25/05/13	Kalma McLellan	14/06/13
Maureen Mulheron	07/06/13	Onni home to Finland . . .	20/06/13

Looking Ahead

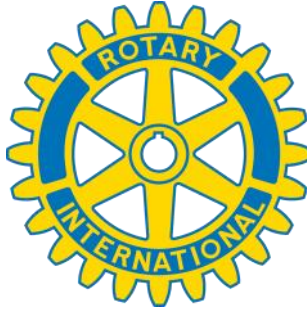


May 14	Club Night - Part 3 - Rob Mitchell will a) Review Part 2 and b) guide us in understanding our Club, and setting goals for it.
21	tba
28	Primary Schools Speaking Competition (Final)

Meeting Night Duty Roster

Date	Welcomers		Loyal	Intro	Thanks
14/05/13	Patrick Longfield	Siddarth Maheshwari	John Mazlin	-	-
21/05/13	Nora Etmekdjian	Geoff Nix	Bill Payne	Duncan Taylor	Noel Dunn
28/5/13	Ken Allen	John Brown	Stephen Thorp	-	-
04/06/13	Bob Carroll	Peter Cooper	Erdem Toner	Ron Thomson	Adrian Hallett
11/06/13	Jan Cutler	Kathryn Dodd	Les Whitcroft	Steve Thorp	Geoff Brennan

The Rotary Club of Ryde



The Rotary Vision

Rotary is a worldwide organisation of more than 1.2 million business, professional, and community leaders. Members of Rotary clubs, known as Rotarians, provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

There are 33,000 Rotary clubs in more than 200 countries and geographical areas. Clubs are non-political, nonreligious, and open to all cultures, races, and creeds. As signified by the motto "Service above Self", Rotary's main objective is

Rotary Grace

O Lord and giver of all good
 We thank you for our daily food
 May Rotary friends and Rotary ways
 Help us to serve you all our days.

The Four-Way Test

of the things we think, say & do:

1. Is it the Truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

Advance Australia Fair

Australians all let us rejoice, for we are young and free;
 We've golden soil and wealth for toil;
 Our home is girt by sea;
 Our land abounds in nature's gifts,
 of beauty rich and rare;