THE ROTARY CLUB OF RYDE DISTRICT 9685 CHARTERED 1946

# The HUB

Tuesday 20th May 2014

**Volume 68** 

Issue #43

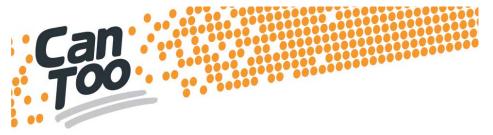
















### **President Rotary International**

**District 9685 Governor** 

Ron D. Burton Rotary Club of Norman, USA Graeme Davies (Kincumber)

### **ROTARY CLUB OF RYDE**

DIRECTORS		Kalma McLellan Ken Allen Kathryn Dodd Geoff Nix Nora Etmekdjian Bob Kaye-Smith David James
AVENUES	Community Service International Service Vocational Service Youth Service	PDG John Dodd Siddharth Maheshwari Martin Aston
COMMUNICATIONS	The HUB Editor Serjeant-at-Arms Programmes Attendance Social Secretary Historian & Archivist Events Co-ordinator Public Officer Website Administrator HUB Contributions	Geoff Brennan Jan Cutler Ross Rocca Peter Cooper Doug Thompson Julie Thorp Bob Kaye-Smith Stefan Sojka

### **CLUB INFORMATION**

Chartered 22nd April 1946 District 9685 RI Club #18039 MEETINGS EVERY TUESDAY 6PM FOR 6:30PM

**MEETING LOCATION:** 

Next Generation Club (Level 2)
Ryde Aquatic Centre
504 Victoria Rd, Ryde

POSTAL ADDRESS: Rotary Club of Ryde Inc. PO BOX 90 Ryde NSW 1680

**RSVP EXTRAS OR ABSENCES TO JULIE THORP: 9871 1109** 

THIS WEEK 3

May 20 Can Too & Cure Cancer Australia

**Annie Crawford** 

### **TONIGHT'S ROSTER**

Welcomers Patrick Longfield & Duncan Taylor

Loyal Toast Noel Dunn

Introduction Kathryn Dodd

Vote of Thanks John Dodd

**Upcoming duty roster is on Page 10.** If you are unable to fulfill any duty, please arrange your own swap and inform President Adrian of the change.

### **ADRIAN'S ADDENDUM**

Dear Rotarians and Rotary Friends,

Our meeting last Tuesday was a Partners Night to welcome Lucile's family to Australia and in particular to Ryde Rotary. The night was a great success thanks to all who attended.

We had two visitors from Woy Woy club keen to see how the best club in the district runs. I do not think we disappointed them. We had a lot to take in with our heavy commitment to local projects: Mother's Day, Bunnings BBQ and Red Shield. Also Youth projects RYPEN and Interact.

Lucile's father Olivier read a short message from Lucile's host club of Les Sables d'Olonne and we exchanged Club Banners.

Next Tuesday we welcome Annie Crawford who will talk about CanToo.

Don't forget we will have staff at Bunnings on Saturday. Call in if you are passing by. To those on the sick list, we extend our best wishes and hope to see you soon.

Adrian

### **DISTRICT GOVERNOR 2016-17 NOMINEE**

Dear Rotarians of District 9685,

Following final interviews and the allotted period for objections, I am delighted to announce that the **Governor for District 9685 in 2016-17 will be PP Bruce Lakin**. Bruce will officially become District Governor Nominee as from 1 July 2014.

I ask that you and all Rotarians welcome and extend the warm hand of Rotary friendship to Bruce and Bette in this new position.

Graeme Davies

District Governor 9685

May 24th & 25th (Sat/Sun)	Red Shield Appeal Please contact John Dodd to volunteer as a driver for an Interact team		
May 27th (Tues)	2014 Pride of Workmanship Awards 6 for 6:30pm / \$30 / Next Generations, Ryde Aquatic Centre		
June 3rd (Tues)	RI Convention Host Hospitality Night - PARTNERS NIGHT  Details TBC (In place of regular meeting)		
June 14th (Sat)  Crosslands Rotaract 10 Year Anniversary Changeover  7pm / \$60 (\$50 Earlybird) / Hornsby RSL / Contact Charles Kilby to RSVP			
June 15th (Sun)	Community Fundraiser : Bunnings Rydalmere BBQ 8am - 4pm / Please contact John Dodd to volunteer		
June 24th (Tues)	Ryde Rotary Changeover 2014 6 for 6:30pm / \$30 / Ryde-X Club, 724 Victoria Rd, Ryde		
June 28th (Sat)	District 9685 Changeover 2014 6:30 for 7pm / \$55 / Castle Hill RSL / Register online or via Julie Thorp		
July 6th (Sun)	Graffiti Removal (First Sunday every month!) Meet 8am West Ryde Car Park in Ryedale Rd		

### **ROTARY INTERNATIONAL CONVENTION: HELP NEEDED!**

The convention organising committee are looking for a small group of medical professionals doctor, nurses or pharmacists to take blood pressures of delegates at the stroke foundation booth at the international conference.

All the equipment is provided and we are not of course making any diagnosis. We will take accurate blood pressure and ask the delegate to talk to their doctor if it is out of range.

Each volunteer will be asked to cover the booth for half a day each.

If you have a medical professional in your club please ask them to contact Ross Pearse on 0408 416 906.

### **WE'LL BE SAD IF WE DON'T SEE YOU NEXT TUESDAY!**



If you need to give a late apology for non-attendance at any meeting, please contact **Julie Thorp before 10am Monday**.

9871 1109 0416 208 332 j.thorp@bigpond.net.au

Club policy is that you will be expected to pay for your meal if you are absent without timely apology. **Isn't that fair to all concerned?** 

Many guests were welcomed including our host-daughter **Selina Bumbacher**, and our exchange student **Lucile Richard** back from holidays with her family, who introduced her mother **Valerie**, father **Olivier**, sister **Leonie** and brother **Loris**.







The Richard Family out and about around Sydney with the Halletts, Thorps & Dodds.

After announcing birthdays and anniversaries, **President Adrian Hallett** told us **Gemma Sisia** has a benefactor who has pledged to match our donations dollar for dollar to \$200K, so it's a good time to donate to the School of St Jude.

Chicken with broccoli, carrots and mashed potatoes arrived just ahead of the quiche and IGS (Inedible Green Stuff) for those of vegetarian persuasion.

After announcing a fundraising dinner for this weekend to follow our Bunnings BBQ for the more energetic Rotarians, **Adrian** read a letter of thanks from Tebbutt Lodge for our ANZAC Day service, before appealing for volunteers to help move shelving at the same location on an unspecified future date.





PP Bill Payne spoke on Bowel Care, comparing this vital organ to the fuel system of your car, and pointed out that the aim of this 20-year project was to save lives, not raise money. John Dodd was later to claim that we have saved over 2500 lives through bowel cancer prevention in our District over that time. President Adrian Hallett told how he took a phone call from a Chemist shop wanting to join our project. On finding the shop was in the Mornington Peninsula, Victoria, he referred them to the National Office in Gosford, and blaming Webmaster Stefan Sojka's Ryde Rotary webpage for his new-found notoriety, proceeded to present Stefan with a blow-up microphone in some sort of reference to his other life as an entertainer.

**Foundation Director Ken Allen** spoke on the Mauritius project so well portrayed on our Hub's front cover before reminding our Centurions to pay their \$100 to the Foundation by the end of June to maintain their status.

Lucile gave a long and detailed account of her Safari, the 3.5 hour flight to Alice Springs followed by a 7 hour bus trip to Uluru, with a complete absence of phone or internet coverage the whole way - that's why they call it the dead centre of Australia! She loved every bit of the trip that wasn't on the bus, seeing wild horses, camels and dingoes at King's Canyon, listening to aboriginals and eating kangaroos.

Every day was on the road again, up to 10 hours per day in the bus: it's a big country, all the way to Darwin, after which they flew to Cairns, and eventually back to Sydney, where she met her family who had arrived from France. After several days sightseeing around Sydney and the Blue Mountains, being entertained by the Thorps, Dodds and Halletts, they departed for a holiday on Fraser Island and then the Great Barrier Reef. Lucile has now seen more of Australia than most Aussies ever do.

Community Chair PDG John Dodd thanked the club members who had helped distribute Mother's Day gifts to rest homes in Ryde last weekend, then spruiked our Bunnings BBQ this Saturday as the





fundraiser we had to have. He took the opportunity to praise **President Adrian Hallett**'s leadership in this event, providing indispensable logistical support.

Volunteers are needed for the Red Shield appeal 24th & 25th May, to drive the 90 James Ruse Interact Students to and from their collection areas. We have a proud history of service to the Sallies, and John acknowledged **Project Director Nora Etmekdjian**'s role in reinventing this project.

**Vocational Chair PP Martin Aston** reminded us that Pride of Workmanship on May 27th is a partner's night.

**Youth Director PP Charles Kilby** reported that our next inbound RYEP student **Felix Morlock** from Switzerland arrives in July , we have proposed **Rosemary Jenkins** as our next outbound and that he is seeking applications for RYPEN (Rotary Youth Program of Enrichment).

**Serjeant Geoff** had a visiting Rotarian draw **PP Tony Abboud**'s spackle ticket, but the jackpot remained unstruck. Our Serjeant then asked each table "What major change is happening in the USA in the next few years which will change its foreign policy?" None of us got the correct answer: "Energy Self-sufficiency due to fracking and shale-oil will mean they no longer need Middle East oil. Their focus will move to the Pacific."

**PP Burkhart Foertsch** reported back on the Eggtober Foundation dinner last weekend, presenting the club with a certificate of appreciation for being a Bronze Sponsor.

Lucile's father Olivier then read a letter from Lucile's sponsor Club President, from Les Sables d'Olonne, praising the Rotary Youth Exchange Program, and our club for supporting it.

Both thanked us for taking Lucile into our homes and making her part of the greater family of Rotary. Another great meeting came to an end with "Advance Australia Fair" sung with gusto by Rotarians and guests.



### **RYDE ROTARIANS OUT AND ABOUT**



In recent times Ryde Rotarians have been involved in many community activities. From Bunnings BBQs, Mothers Day Gift Giving, the Club Birthday Party, the Ryde Combined Services Dinner & the upcoming Red Shield Appeal, Ryde Rotary is being well represented in the community we serve.

Thank you to those who are able to get out there and help - it's what we are here for and is always excellent fun & fellowship.





In collaboration with Rotary International we invite you to Climb for a Cause - End Polio Now in 2014. Come together to climb the Bridge en masse to break two Bridge records during the Rotary International Convention Sydney 2014.

Those attending the 2014 Rotary International Convention from June 1-4 can take in the best view in Sydney from atop the arch of the Sydney Harbour Bridge, while spotlighting Rotary and raising money for polio eradication.

Led by RI President Ron Burton, Rotarians will climb the bridge on Friday May 30 and line up along the top of the arch, holding flags from each country where Rotary is active.

Limited places are available, so be sure to book early to confirm you space in this Rotary world-record breaking event!



### **GRO-TREES BY THE ROTARY CLUB OF CHATSWOOD SUNRISE**





IT'S BACK .....
Be a part of
District 9685's
history ....

Plant a GroTree in the Commemorative Grove at Lithgow

We're celebrating the new Rotary District. Have a tree planted in your name.

Landcare at Lithgow will select, plant and care for your tree.

When it's a bit bigger, feel free to go and visit it and give it a hug to encourage its growth.

We will send you a GroTrees certificate for each individually numbered tree.

Special District price: \$10. (normally \$25)

All funds raised will be remitted to a District account, from whence Landcare is paid.

Club Treasurers – please send to BSB 484 799, A/c 452084902, annotated as "District trees."

Cheques to "RC Chatswood Sunrise Charitable Account" can be mailed to PO Box 1627 Chatswood 2057

As well, please email (to peternathan64@gmail.com) the following details:

- Name(s) of recipient
- Club mail address for return of the certificates

Buying a tree for someone else? Tell us the reason eg "Happy Birthday" to be included on the numbered GroTrees certificate

There is no doubt things are heating up in Australia.

The Bureau of Meteorology has reported that seven of the 10 warmest years have occurred since 1998 and that over the past 15 years the frequency of very hot months has increased by five.

With temperatures on the rise, bushfires during the



December-February summer months continue to cause destruction of homes and the loss of loved ones. The physical impacts are evident, but what are the psychological impacts faced by communities in the aftermath, and how do we help them recover?

Beyond Bushfires: Community, Recovery and Resilience is a five-year research study investigating the medium to long-term impacts of Victoria's "Black Saturday" bushfires in February 2009. Australian Rotary Health is a study partner, along with government, community and emergency management agencies. The study consists of ongoing community visits, surveys completed by approximately 1000 participants, in-depth interviews and focus group discussions. Results provide the research team with a way of exploring in detail how people are coping and how they are feeling about place and community.

The majority of survey participants reported that they were not experiencing psychological distress as a result of the 2009 bushfires. However, there are still a significant number of people (greater than would be expected in the general population) who are reporting persistent symptoms of post-traumatic stress disorder, depression, psychological distress or heavy drinking. Residents in highly impacted communities were found to be at greater risk of psychological impacts.

These results indicate the need to promote the use of health and complementary services, community-based initiatives, as well as family and other informal support mechanisms.

Beyond Bushfires will continue for up to eight years post-bushfire as a way of monitoring the progress of recovery and determine how best to support the community.

Researchers will follow up with those who have completed a survey later this year in order to gain a better understanding of the five-year impact during the post-disaster period.

Australian Rotary Health takes part in a range of cutting edge mental health research studies. Beyond Bushfires is one of the diverse projects they have been involved in.

Percentage Attendance 13th May: 91.89%

**Makeups:** PP Steve Thorp, Rtn Julie Thorp.

Apologies: Dr Siddharth Maheshwari, Dr Surinder Joson, PDG Les Whitcroft, PP

Artin Etmekdjian, PP Doug Thompson, PP Patrick Longfield, PP Rob

Mitchell, Rtn Geoff Nix, Rtn Kathryn Dodd.

## Change your thoughts and you change your world

- Norman Vinvent Peale

### **LUCILE RICHARD - FRIDAY NIGHT ROSTER**

### Lucile is currently hosted by Steve & Julie Thorp 9871 1109 / 4 Maralinga Place, West Pennant Hills

Please confirm your plans in advance with both Lucile and the Thorp family!

May 23rdMartin & Angie AstonMay 30thIan & Ruth HendersonJune 6thBob & Janis Kaye-Smith

I believe that if life gives you lemons, you should make lemonade...
And try to find somebody whose life has given them vodka, and have a party.

- Ron White

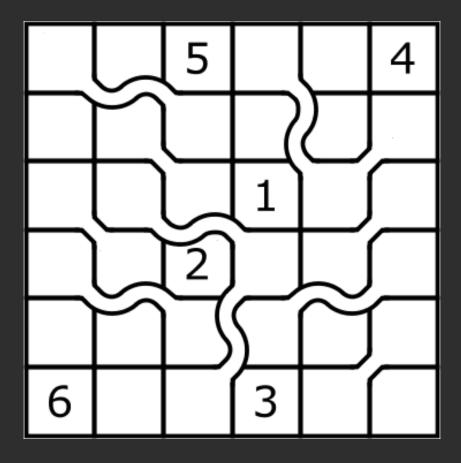
### **CLUB MEETING DUTY ROSTER**

If you are unable to fulfill this duty, please arrange your own swap and inform President Adrian of the change.

DATE	WELCOMERS	LOYAL TOAST	INTRO	THANKS
27.05	Rob Mitchell & John Brown	Martin Aston	-	-
03.06	Julie Thorp & Elisabeth Daher	Patrick Longfield	David Johnston	Victoria Gouel

Can you complete the grid such that every row and column contains the digits 1 to 6?

All squares that are connected by pathways must contain the same digit.



IF YOU CAN'T WAIT UNTIL NEXT WEEK FOR THE ANSWERS, FEEL FREE TO EMAIL YOUR SOLUTIONS TO EDITOR@RYDEROTARY.ORG.AU

### **TEST FOR LAST WEEK: SOLUTION**

Study this paragraph and all things in it. What is vitally wrong with it? Actually, nothing in it is wrong, but you must admit that it is most unusual. Don't just zip through it quickly, but study it scrupulously. With luck you should spot what is so particular about it and all words found in it. Can you say what it is? Tax your brains and try again. Don't miss a word or a symbol. It isn't all that difficult?

The paragraph contains all the letters of the alphabet except the letter 'E'.

### THE ROTARY CLUB OF RYDE



### THE ROTARY VISION

Rotary is a worldwide organisation of more than 1.2 million business, professional, and community leaders. Members of Rotary Clubs, knows as Rotarians, provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

There are 33,000 Rotary clubs in more than 200 countries and geographical areas. Clubs are non-political, non-religious, and open to all cultures, races, and creeds. As signified by the motto "Service above Self", Rotary's main objective is service - in the community, in the workplace, and throughout the world.

### **ROTARY GRACE**

O Lord and giver of all good

We thank you for our daily food

May Rotary friends and Rotary ways

Help us to serve you all our days

#### THE FOUR-WAY TEST

of the things we say, think & do

- 1. Is it the Truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill & better friendships?
  - 4. Will it be beneficial to all concerned?

### **ADVANCE AUSTRALIA FAIR**

Australians all let us rejoice, for we are young and free;
We've golden soil and wealth for toil;
Our home is girt by sea;
Our land abounds in nature's gifts,
of beauty rich and rare;
In history's page, let every stage, Advance Australia Fair.
In joyful strains then let us sing, Advance Australia Fair!